

**LOVE WHAT  
YOU DO,  
PUT YOUR  
HEART INTO  
IT AND YOU  
WILL BE  
REWARDED.**

**AARON MORSE,  
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**VIVIENNE  
DÜBBERT**

KEYNOTE SPEAKER &  
MINDSET EXPERT



**LIVE.YOUR.LIFE.**

# WHY MINDSET?

*Mindset = our thinking patterns, established set of attitudes and the way we perceive, analyze and handle situations.*

2020 has changed our world. We are constantly facing new challenges and uncertainties. During this pandemic we are learning the importance of mental health, resilience and crisis management. Additionally, the new digital world is challenging us to transform and adapt to the unknown! "New work", „work 4.0“, "transformation", „agility“, „disruption“, „digitalization“ are only a few buzz words that mark our era. These may result in high levels of stress, fear, frustration, confusion and competitive attitudes. In these changing times it is therefore no longer a „nice-to-have“, but an absolute „must-have“ to understand the importance of a growth mindset and emotional intelligence in order to strengthen our resilience and interpersonal social skills, such as empathy. The type of mindset we hold when dealing with change and adversity defines our longterm success!

## YOUR BENEFIT

Inspiration, insights, new thinking paths and perceptions, change in perspective, high energy, revelations, entertainment and motivation for you and your employees!

Our objective: Mastering change with an agile mindset, gaining mental strength, resilience and motivation, ultimately learning to trust the process!

KEYNOTES

TRAININGS

MODERATION

# BOOST YOUR MINDSET !

MENTAL STRATEGIES

IN TIMES

OF CHANGE

# YOUR CHOICE

## KEYNOTES

Engaging interactive keynotes offering inspiration, practical techniques and newest results from the field of neuroscience, positive psychology and mindfulness, in order to boost a mentally strong, constructive, growth- and solution-oriented way of thinking and acting.

## TRAININGS

Sustainability means training! In these energized, lively trainings you and your employees will experience a mixture of neuroscientifically proven input, mental training, movement, motivation and personal break-throughs! An open mind and willingness to break patterns, think differently and explore new techniques is your key to success.

## WORKSHOPS/COACHINGS

You would like to intensify certain experiences or aspects of the keynote or training? Or you seek individual support in order to resolve your issue faster? Workshops or 1:1 coachings are excellent options for a deep dive into your subject.

**ALL SERVICES CAN BE EXECUTED DIGITALLY !**

**INSPIRATION**



**MOTIVATION**



**ENTHUSIASM**



**POWER**



**AUTHENTICITY**



**EXPERTISE**



**YOUR  
GUARANTEE**

**20 YEARS  
OF EXPERIENCE IN  
INT. BUSINESS &  
MANAGEMENT**

**8 YEARS L'ORÉAL  
LUXURY DIVISION**

**RETAIL DIRECTOR  
KIEHL'S GERMANY**

**REGIONAL MANAGER  
TRAVEL RETAIL  
GERMANY & AUSTRIA**

**6 YEARS  
NEW YORK**

**4,5 YEARS  
PARIS**

**CO-FOUNDER  
SURAVI SPA, BALI**

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**LIVE.YOUR.LIFE.**

**TRILINGUAL:  
GERMAN, ENGLISH, FRENCH**

**INT. TOP SPEAKER SLAM  
AWARD, BERNKASTEL**

**EUROPEAN MYSTERY SHOPPING  
AWARD, GERMANY**

**BUSINESS ADMINISTRATION  
AWARD, CITY UNIVERSITY OF  
NEW YORK**

**DMS SERVICE EXCELLENCE  
AWARD, PARIS**

**WINGWAVE COACH**

**+1200 HRS BUSINESS &  
PERSONAL DEVELOPMENT**

**AMAZON BESTSELLER  
"DAS ESPRESSO-PRINZIP:  
DER IDEEN-KICK FÜR  
UNTERNEHMERISCHEN &  
PRIVATEN ERFOLG"**

**GERMAN SPEAKERS  
ASSOCIATION, GSA**

**SPEAKERS EXCELLENCE**

**SPEAKERS POINT**

# VIVIENNE DÜBBERT

Vivienne Duebbert focusses on the implementation of a growth mindset and emotional intelligence in order to optimize resilience, human connection and mindful communication in transformational times.

As a Keynote Speaker and former Retail Director for a leading global market player, Vivienne Duebbert combines her business, leadership, sales and service excellence experience with her expertise in personal development. She offers new perspectives and impulses necessary for a new work-era.

Her ultimate goal is to inspire people sustainably, creating a shift in their thinking patterns, by experiencing moments of insights, expansive thinking and high energy. She transmits practical and neuro-scientific proven mental and communication techniques which help us cope with stress and manage change, challenges and pressure to increase our performance and human connection.

Vivienne Duebbert engages her audience with her liveliness and encourages everyone to break old patterns, think differently and thrive in adversity.

## GROW YOUR MENTAL POWER & UNTANGLE YOUR THOUGHTS!

### A GROWTH MINDSET TO INCREASE YOUR...

MENTAL POWER

STRESS-RESISTANCE

EMOTIONAL AGILITY

EMOTIONAL INTELLIGENCE

EMPATHY

MINDFULNESS

SELF-EMPOWERMENT

HIGH-PERFORMANCE

DIGITAL CHARISMA

MOTIVATION

MINDFUL COMMUNICATION

LEADERSHIP

TEAM SPIRIT

SERVICE EXCELLENCE

## „CHANGE & GROWTH-MINDSET“

### MENTAL STRATEGIES FOR YOUR PEAK PERFORMANCE

- How to boost your mindset for success by developing mental strength, emotional intelligence and emotional agility.
- How to switch from a fixed to a growth mindset, creating constructive and solution-oriented thinking patterns.
- How to see the chances in change with agile and expansive thinking methods, accepting your “unchangeable world” (e.g. transformational times) while using your emotions as resources.

## „SERVICE-MINDSET“

### MENTAL STRATEGIES FOR YOUR SERVICE EXCELLENCE

- How to develop a strong service-mindset, adapting to the “new normal” and to the challenges of our digital times.
- How to increase your resilience and make a difference in a volatile and competitive Retail and Sales environment.
- How to foster human connection and empathy, offering a memorable service experience to your clients.

# KEYNOTES



*"First speaker ever that connected and was valued by all four generations of my leadership team. Very good mix of content and take-aways. Excellent preparation and very tailor made to our requirements."*

*- Jörg Harnisch, GM  
LSG Sky Chefs*

## „TEAM-MINDSET“

### MENTAL STRATEGIES FOR YOUR MINDFUL COMMUNICATION

- How to identify and adapt to your conversational partner's patterns, needs and drives.
- How to communicate effectively by matching the communication types of your team members.
- How to break your patterns, using new ways of thinking, communicating mindfully and performing as one team.

## „LEADERSHIP-MINDSET“

### MENTAL STRATEGIES FOR YOUR CONTEMPORARY LEADERSHIP

- How to identify and develop the intrinsic motivational factors of your employees and grow as a team.
- How to identify and release the barriers of your team.
- How to lead in an agile, healthy and compassionate manner, increasing your emotional intelligence and implementing a spirit of “We is the new me”.

**PHILIP SCHÄFER**  
**SENIOR VICE PRESIDENT**  
**LIFE SCIENCE, MERCK**

"Vivienne inspired my team with her awesome Digital Keynotes in front of more than 600 commercial people. The positive energy she transmits in a virtual / digital environment is remarkable. Vivienne is authentic and empathic managing the audience to stay focused on her presentation. She has the right balance between business experience and theory creating a wonderful "blend". Vivienne is great to boost your team!"

**JARED MACKAY, CEO AND GLOBAL**  
**HEAD OF SERVICE & RETAIL**  
**ACADEMY, L'ORÉAL**

"During the global pandemic of COVID-19, we partnered with Vivienne to support our global teams in boosting their mindset during this period of adjustment, adaptation and uncertainty. In close collaboration, we developed a webinar based on Vivienne's expert perspective and exceptional sensitivity. With a people oriented approach, Vivienne was able to deliver a powerful webinar across various zones and countries around the world impacting over 500 people in one day. Vivienne's professionalism, elegance and attention to detail was exceptional. I was particularly impressed by her open approach and agility in delivering an incredibly impactful webinar. The feedback we received is outstanding. Vivienne has really proven to be an outstanding partner who we look forward to building a long term relationship with into the future!"

**HEIKO SCHWARDTMANN, GENERAL MANAGER**

"Vivienne Dübbert is amazing! In a powerfully eloquent, on the spot and inspiring way she fascinates her audience and creates true inspirational fireworks!"

**NICOLE HARDER**  
**HEAD OF THE "BDVI"**  
**TRAINING DEPARTMENT**

"Vivienne Dübbert truly impressed us with her keynote! She has a very authentic personality, an incredibly highly energetic charisma and a positive attitude towards life, which she is able to transmit to others. That is why the event resulted in a long-term sustainable positive impact! Our expectations were not just met, they were exceeded! We are happy to book her again this year and profit from her know-how, her expertise, her skills and at the same time her positive motivating nature!"

# CLIENT SELECTION



**TOBIAS BANDT**  
**SENIOR HR BUSINESS PARTNER**  
**ROCHE PHARMA**

"Very good keynote about the subject of "Agile Mindset and Transformation". Great preparation and perfectly adapted to our demands."

**KAI DASE**  
**GENERAL MANAGER**

"Inspiring and loaded with pure energy! Vivienne Dübbert's speech „Change your Mindset" is the best I have heard in a long time. She is able to combine her extensive knowledge and experience in a very unique way – amazing! Thank you!"

**ULRIKE WEIGEL**  
**GENERAL MANAGER**

"Best performance of the evening! Amazing!"

**TIMO KLÖSCH**  
**HUMAN RESOURCES DEVELOPMENT,**  
**STRABAG SE**

"This woman will fascinate you even before she has said one word. She walks her talk and this you can feel every second of her performance. The stage is her "home" and she invites each and everyone into her "living room" in a loving way. Quick-witted, charming and powerfully eloquent – you just want to see and hear more from her!"

**NAJATE BOUHACHEF**  
**SENIOR HR MANAGER CENTRAL**  
**EUROPE, ASICS**

"...Vivienne is a highly professional speaker, trainer and coach with passion, and a business expert in many different areas of expertise. She puts all her effort into her ideas, adapts to her target group as well as the company's corporate culture and understands the needs of her customers. Being naturally honest, she consults authentically, creating and securing an optimal concept for her client. Vivienne's workshops are filled with professionalism on the one hand and good mood, as well as a high energy level and empathy, on the other hand. The participants feel inspired and motivated at the same time. Especially her unstoppable commitment and perfect preparation make working with Vivienne very enjoyable and result-oriented..."

**“BETWEEN STIMULUS  
AND RESPONSE  
THERE IS A SPACE.  
IN THAT SPACE IS  
OUR POWER TO  
CHOOSE OUR  
RESPONSE.  
IN OUR RESPONSE  
LIES OUR GROWTH  
AND OUR FREEDOM.”**

ACCREDITED TO  
VIKTOR E. FRANKL

## CONTACT

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**What mindset do you have?  
I am looking forward to your thoughts!**

Truly yours,  
Vivienne Dübbert



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